

FAMILY YMCA AT TARRYTOWN

62 MAIN STREET, TARRYTOWN WWW.YMCATARRYTOWN.ORG

NEW
PILATES-PROPS
CLASSES



Tuesdays 6:00–6:45am
& 7:30–8:15pm

Thursdays 9:15–10:00am

Fridays 10:00 - 10:45am

Saturdays 8:30 – 9:15am