

**Amsterdam Family YMCA**  
58 N. Pawling St, Hagaman  
518-842-2130

**Auburn YMCA-WEIU**

**Auburn YMCA**

27 William St, Auburn  
315-253-5304

**Skaneateles YMCA & Comm. Ctr.**

97 State St, Skaneateles  
315-685-2266

**Capital District YMCA**

**Albany Branch**

616 N. Pearl St., Albany  
518-463-9622

**Bethlehem Branch**

900 Delaware Ave. Delmar  
518-439-4394

**Empire State Plaza**

Concourse level, Room 140  
518-465-7992

**Glenville Branch**

127 Droms Rd., Glenville  
518-399-8118

**Greenbush Branch**

20 Community Way, E. Greenbush  
518-477-2570

**Greene County**

370 Mansion St., W. Coxsackie  
518-731-7529

**Guilderland Branch**

250 Winding Brook Dr., Guilderland  
518-456-3634

**Schenectady Branch**

433 State St., Schenectady  
518-881-0117

**Southern Saratoga Branch**

1 Wall St., Clifton Park  
518-371-2139

**Troy Branch**

2500 21st St., Troy  
518-272-5900

**Clifton Springs Area YMCA**

5 Crane St., Clifton Springs  
315-462-6184

**Corning Community YMCA**

127 Centerway, Corning  
607-962-7002

**Cortland County YMCA**

22 Tompkins St, Cortland  
607-756-2893

**Family YMCA of Tarrytown**

62 Main St., Tarrytown  
914-631-4807

**Fulton YMCA**

715 Broadway, Fulton  
315-598-9622

**Geneva Family YMCA**

399 William St., Geneva  
315-789-1616

**Family YMCA of the Glens Falls Area**

600 Glen St., Glens Falls  
518-793-3878

**GLOW YMCA**

**Genesee County YMCA**

209 East Main St., Batavia  
585-344-1664

**Orleans County YMCA**

306 Pearl St., Medina  
585-798-2040

**Wyoming County YMCA**

115 Linwood Ave., Warsaw  
585-786-2880

**Hornell Family YMCA**

18 Center St., Hornell  
607-324-5520

**Ithaca & Tompkins County YMCA**

50 Graham Rd W., Ithaca  
607-257-0101

**Jamestown Area YMCA**

**Jamestown YMCA**

101 E. Fourth St., Jamestown  
716-664-2802

**Lakewood YMCA**

183 E. Fairmount Ave., Lakewood  
716-763-0303

**Little Falls YMCA**

15 Jackson St, Little Falls  
315-823-1740

**Lockport Family YMCA**

19 E. Ave., Lockport  
716-434-8887

**Mohawk Valley YMCA**

83 E. Main St, Mohawk  
315-866-6570

**Norwich YMCA**

68 N. Broad St., Norwich  
607-336-9622

**Olean – Bradford YMCA**

**Bradford YMCA**

59 Boylston St, Bradford, PA  
814-368-6101

**Olean YMCA**

1101 Wayne St., Olean  
716-373-2400

**Oneonta Family YMCA**

20 - 26 Ford Ave, Oneonta  
607-432-0010

**Oswego YMCA**

249 W. 1st St, Oswego  
315-343-1981

**Plattsburgh YMCA**

17 Oak St., Plattsburgh  
518-561-4290

**Rockland County YMCA**

35 S. Broadway, Nyack  
845-358-0245

**Saratoga Regional YMCA**

**Battenkill Branch**

184 Main St., Greenwich  
518-587-3110

**Corinth Branch**

119 Gabriel Rd., Corinth  
518-583-9697

**Malta Branch**

100 Saratoga Village Blvd. #22, Malta  
518-583-9623

**Saratoga Springs Branch**

290 West Ave., Saratoga Springs  
518-583-9622

**Wilton Branch**

20 Old Gick Rd., Saratoga Springs  
518-587-3000

**Watertown YMCA**

**Carthage YMCA**

250 State St, Carthage  
315-493-3286

**Fairgrounds YMCA**

585 Rand Dr, Watertown  
315-755-9622

**Watertown Family YMCA**

119 Washington St, Watertown  
315-782-3100

**White Plains YMCA**

250 Mamaroneck Ave., White Plains  
914-949-8030

**YMCA of Broome County**

**Binghamton YMCA**

61 Susquehanna St, Binghamton  
607-772-0560

**West Family Branch YMCA**

740 Main St, Johnson City  
607-770-9622

**YMCA of Greater Syracuse**

**East Area Branch YMCA**

200 Towne Dr, Fayetteville  
315-637-2025

**Downtown YMCA**

340 Montgomery St, Syracuse  
315-474-6851

**North Area Branch YMCA**

4775 Wetzel Rd, Liverpool  
315-451-2562

**Southwest YMCA at OCC**

4585 West Seneca Turnpike, Syracuse  
315-498-2699

**YMCA of Long Island**

**Brookhaven Roe YMCA Center**

155 Buckley Rd., Holtsville  
631-289-4440

**Great South Bay YMCA**  
200 W. Main St., Bay Shore  
631-665-4255

**Huntington YMCA**  
60 Main St. Huntington  
631-421-4242

**Patchogue Family YMCA**  
255 W. Main St., Patchogue  
631-891-1800

**YMCA at Glen Cove**  
125 Dosoris Ln., Glen Cove  
516-671-8270

**YMCA E. Hampton RECenter**  
2 Gingerbread Ln., E. Hampton  
631-329-6884

**YMCA of Middletown**

**YMCA of Middletown**  
81 Highland Ave., Middletown  
845-344-9622

**South Orange Family YMCA**  
45 Gilbert St. Ext., Monroe  
845-782-9622

**YMCA of Newburgh**

377 Broadway, Newburgh  
845-562-1088

**YMCA of the Greater Tri-Valley**

**Oneida Family YMCA**  
701 Seneca St, Oneida  
315-363-7788

**Rome Family YMCA**  
301 W Bloomfield St, Rome  
315-336-3500



## Your local Y membership now gives you more!

Now you can use your Y Membership at other YMCAs in New York .

- The New York State Reciprocal Membership Program includes free use of the standard YMCA facilities, typically swimming pools, gymnasiums, racquetball courts and wellness centers.
- Reciprocal Membership is available to all full facility YMCA members.
- Your local YMCA is considered your "home" YMCA.
- Visiting members must check-in at each YMCA with a valid membership card and present a photo id.
- Check with the individual YMCA for policies, procedures, schedules, and program fees.

Your valid membership I.D. card will give you facility access to any of the Ys listed inside.



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**



**MEMBERSHIP GIVES  
YOU MANY  
OPPORTUNITIES**