



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

**Y DANCE AND CHEER CLASSES  
PIERSON PARK, TARRYTOWN  
SEPTEMBER 2020**

**FOR MORE INFORMATION CONTACT:**

**Lesla Dalton**  
Associate Executive Director  
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**Cindy Guzman**  
Dance Director  
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EFFECTIVE 9.8.20

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>
4:00-4:45 Stretch/Flexibility  Cindy	4:00-4:45 Hip Hop Ages 4-7 Cindy	4:00-4:45 Stretch/Flexibility  Cindy	3:30-4:15 Ballet Ages 3-6 Amanda
4:45-5:30 Conditioning  Cindy	5:00-5:45 Hip Hop 8+ Cindy	4:45-5:30 Conditioning  Cindy	4:30-5:15 Ballet 7+ Amanda
5:30-6:15 Tumbling  Cindy		5:30-6:15 Tumbling  Cindy	5:15-6:00 Int/Adv. Lyrical Amanda

\*Schedule subject to change. \*\* Weather permitting; please email Cindy Guzman directly if there is suspected inclement weather at [cindyg@ymcatarrytown.org](mailto:cindyg@ymcatarrytown.org)