



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FAMILY YMCA AT TARRYTOWN

POOL SCHEDULE ****SUBJECT TO CHANGE****

+*MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
ADULT LAP SWIM MONDAY THROUGH FRIDAY 5:30 AM - 9:00 AM					POOL CLOSED	
9:00 – 9:30 AM POOL CLOSED	9:00 – 9:30 AM POOL CLOSED	9:00 – 11:15 AM POOL CLOSED	9:00 – 9:30 AM POOL CLOSED	9:00 – 9:30 AM POOL CLOSED	7:00 – 8:30 AM ADULT LAP SWIM	7:00 – 9:00 AM ADULT LAP SWIM
9:30-10:30 AM MAINTENANCE	9:30-10:30 AM YELC		9:30-10:30 AM YELC	9:30 - 10:30 AM MAINTENANCE	8:30 - 9:00 AM PIKE	9:00 - 9:30 AM PARENT/CHILD PIKE
	10:30 - 11:15 AM WATER WHEELERS		10:30 - 11:15 AM WATER WHEELERS			
10:30-12:00 PM ADULT REC.	11:15 - 12:00 PM AOA AEROBICS/ ADULT REC.	11:15 – 12:00 PM ADULT REC	11:15 - 12:00 PM AOA AEROBICS/ ADULT REC.	10:30 - 12:00 PM ADULT REC.	9:05 - 9:35 AM PARENT/CHILD, PIKE, EEL	9:35 - 10:20 AM POLLIWOG, PIKE, EEL
ADULT LAP SWIM MONDAY THROUGH FRIDAY 12:00 -1:00 PM					9:40 - 10:10 AM PIKE, PIKE, PRIVATE	10:25 - 11:10 AM POLLI, GUPPY MINNOW
1:00 - 2:00 PM POOL CLOSED	1:00 – 3:45 PM POOL CLOSED	1:00-2:00 PM ST. JUDE RENTAL	1:00 - 3:45 PM POOL CLOSED	1:00 - 2:00 PM POOL CLOSED	10:15 - 11:00 AM POLLI, GUPPY MINNOW	11:15 - 11:45 AM PIKE, EEL, PRIVATE
2:00 - 3:30 PM ADULT LAP SWIM	3:45 - 4:15 PM PIKE, EEL, PRIV	2:00 - 3:30 PM ADULT LAP SWIM	3:45 - 4:15 PM PIKE, EEL	2:00 - 3:30 PM ADULT LAP SWIM	11:05 - 11:50 AM FISH, FLY FISH/ SHARK/PORP, PRIVATE	11:50 - 12:20 PM PIKE, EEL, PRIVATE
3:30-5:00 PM MAINTENANCE		4:15 - 5:00 PM POLLI, GUPPY MINNOW			4:15 – 5:00 PM GUPPY/MINNOW	4:15 – 5:00 PM POLLI, GUPPY/MINNOW
5:00 - 5:30 PM YOUTH REC. SWIM	5:00 - 5:45 PM POLLI, GUPPY/ MINNOW, FISH	5:00 - 5:30 PM PIKE YOUTH REC. SWIM	5:00 - 5:45 PM POLLI, GUPPY PRIVATE	5:00 - 5:30 PM YOUTH REC. SWIM	1:30-2:30 PM ADULT LAP SWIM	1:30-2:30 PM **FAMILY REC SWIM**
5:30 - 6:30 PM ADULT LAP SWIM	5:45-6:15 PM PIKE, EEL, PRIVATE	5:30 - 6:30 PM ADULT LAP SWIM	5:45-6:15 PM PIKE, EEL, PRIVATE	5:30 - 6:30 PM ADULT LAP SWIM	2:30-3:30 PM FAMILY REC SWIM	2:30-3:30 PM ADULT LAP SWIM
6:30 - 8:15 PM SWIM TEAM	6:15-8:00 PM SWIM TEAM	6:30 - 8:15 PM SWIM TEAM	6:15-8:00 PM SWIM TEAM	6:30 - 8:00 PM SWIM TEAM	3:30-4:30 PM ADULT LAP SWIM	
8:15 – 9:15 PM ADULT LAP SWIM POOL CLOSED 9:15	8:00-9:00 PM H2O AEROBICS	8:15 – 9:15 PM ADULT LAP SWIM POOL CLOSED 9:15	8:00-9:00 PM H2O AEROBICS	8:00 - 9:00 PM FAMILY SWIM	POOL CLOSED 4:30 PM	POOL CLOSED 3:30 PM
	9:00-10:00 PM ADULT LAP SWIM POOL CLOSED 10PM		9:00-10:00 PM ADULT LAP SWIM POOL CLOSED 10PM	9:00 – 9:45 PM ADULT LAP SWIM POOL CLOSED 9:45		

Family YMCA at Tarrytown
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****Denotes when Safety Training Classes are scheduled to share the pool**

Schedules are subject to change

